

# Your Endometriosis Surgery Journey in Tijuana – Patient Itinerary

<b>Day 1: Arrival &amp; Transportation</b>	We will pick you and your companion up from the Tijuana or San Diego airport and take you to your hotel.
<b>Day 2: Preoperative Evaluations</b>	Bloodwork and labs. Endometriosis mapping (only if it hasn't been done previously).
<b>Day 3: Pre-Surgical Meeting &amp; Surgery</b>	In-person consultation with your surgical team. Endometriosis excision surgery.
<b>Day 4 - 5: Hospital Recovery</b>	You will stay in the hospital for monitored post-operative recovery and early rehabilitation.
<b>Day 6: Discharge to Hotel</b>	You will be discharged from the hospital and transferred back to your hotel. Our team remains in close contact for daily check-ins.
<b>Day 7 and onward:</b>	If no bowel surgery was needed: You can safely return home on Day 7. If bowel surgery was performed: You must stay in Tijuana for an additional 7 days post-surgery for follow-up visits with our bowel specialist.

